|  |  |
| --- | --- |
| **Class Name** | **Required Exercises for the Leading Yourself Courses** |
| [Productivity Tips: Finding your Productive Mindset](https://www.linkedin.com/learning-login/share?account=42275329&forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fproductivity-tips-finding-your-productive-mindset%3Ftrk%3Dshare_ent_url%26shareId%3DwtD%252FTY6eSHmYuNYluup9qw%253D%253D) | None |
| [Developing Your Emotional Intelligence](https://www.linkedin.com/learning-login/share?account=42275329&forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fdeveloping-your-emotional-intelligence%3Ftrk%3Dshare_ent_url%26shareId%3DMMeky9s2Qiu5KM6CTblELQ%253D%253D) | Complete the Personal Reflection Tool |
| [Effective Listening](https://www.linkedin.com/learning/effective-listening/use-nonverbal-cues?autoSkip=true&autoplay=true&resume=false&u=42275329) | Start the 30-day Listening Challenge  Complete the Action Plan |
| [Building Trust](https://www.linkedin.com/learning/building-trust-6/judging-the-trustworthiness-of-others?autoplay=true&u=42275329) | None |
| [Conflict Resolution Foundations](https://www.linkedin.com/learning-login/share?account=42275329&forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fconflict-resolution-foundations-4%3Ftrk%3Dshare_ent_url%26shareId%3Db%252BFmm4v1QoOskd2QDQokIA%253D%253D) | None |
| [Change Management Tips for Individuals](https://www.linkedin.com/learning/change-management-tips-for-individuals/find-your-voice?autoSkip=true&autoplay=true&resume=false&u=42275329) | None |
| [Building Resilience](https://www.linkedin.com/learning/building-resilience/practice-response-to-rejection?autoSkip=true&autoplay=true&resume=false&u=42275329) | Complete the Building Resilience worksheet  Try the 21-day Challenge and be prepared to discuss |